

# STAR ACADEMY OF DANCE & AERIAL ARTS

2022-2023 SEASON

## Mini Aerial Classes

- ❖ Level 1 – ages 5-8, intro/beginner level
- ❖ Level 2 – ages 5-8, beginning intermediate level (1 year of experience; *able to hang upside down by themselves, climb to top bar of lyra by themselves, working on climbing by themselves, etc.*)
- ❖ Level 3 – ages 5-9, intermediate level (1-2 year(s) of experience; *able to do footlocks by themselves, able to climb by themselves, working on full sequences by themselves, etc.*; with approval they can also take Junior Aerial 2 classes)

### **Mondays**

4:15-5:15 – Mini Aerial 3

### **Tuesdays**

5:45-6:45 – Mini Aerial 1

### **Fridays**

4:00-5:00 – Mini Aerial 2

### **Saturdays**

9:45-10:30am – Mini Aerial 2

10:30-11:15am – Mini Aerial 1