

STAR ACADEMY OF DANCE & AERIAL ARTS

2022-2023 SEASON

Teen/Adult Classes

(ages 15+ for any level of experience)

Mondays

7:45-8:45 – Ballet

Tuesdays

11:00-12:00 – Aerial Yoga

5:45-6:45 – Ballet

6:45-7:45 – Aerial Yoga

7:45-9:00 – Teen Aerial 2

Wednesdays

10:00-11:30am – Intermediate Teen/Adult Ballet (DTTY**)

8:00-8:45 – Contemporary/Jazz

7:30-8:45 – Aerial

Thursdays

12:15-1:15 – Teen/Adult Aerial

5:15-6:30 – Level 5/6 Aerial

7:45-9:00 – Teen Aerial 1

Fridays

6:15-7:15 – Open Gym

Saturdays

8:45-9:45am – Family Aerial

10:00-11:30am – Intermediate/Advanced Adult/Teen Ballet (DTTY**)

11:30-12:30 – Beginning Adult/Teen Ballet (DTTY**)

***DTTY – Dancing Through the Years is a program separate from Star Academy*